


8 - 12 DECEMBER  
2025

COOK:  
AIDA




# WEEKLY MENU

## Monday

- milk, tea 
- pastry with ham and cheese
- pear

## Tuesday

- milk, tea 
- sandwich on rye bread with butter, turkey ham, and cheese
- apple

## Wednesday

- milk, tea 
- oatmeal with seeds and forest fruits 
- banana

## Thursday

- tea with honey and lemon 
- chicken pâté 
- veggie spread
- wholegrain bread
- clementine


## Friday



- milk, tea 
- cornbread with butter 
- boiled egg
- apple

### Breakfast

### Lunch

### Snack



-  beef ragout with vegetables
- cornmeal porridge
- pickled cucumber salad


- bean stew with sauerkraut and sausages 
- bean stew with sauerkraut and hot dogs
-  veggie stew
- cookie

- bolognese with tricolour pasta 
- turkey bolognese with tricolour pasta
-  tomato salsa with tricolour pasta
- lettuce

-  roasted chicken
- braised rice with peas and carrots
-  roasted seitan
- beetroot salad

- minestrone soup with vegetables and pasta 
- baked pasta with cheese

- milk 
- fruit spread on semi-white bread 

- milk 
- baked cheese pastry 

- probiotic 
- bread roll 

- yogurt 
- cornflakes 

- cocoa 
- gingerbread cookies 



Suitable for vegetarians



Halal

\*Please note that the menu may change.

