9 - 13 NOVEMBER 2026

WEEKLY MENU

PREPARED BY COOK IVANA

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	• tea with honey and lemon • apple strudel • fruit	• tea with honey and lemon • hot dog • fruit	• oatmeal with chia seeds and cinnamon • milk • banana	• tea with honey and lemon • hummus spread on bread • fruit	• yoghurt • corn bread • pastry with cheese • fruit
Lunch	• creamy risotto with beef and root vegetables • fruit	• bean stew with sausages and sauerkraut • waffles • fruit	• bolognese sauce with penne • pickles • fruit	• roasted chicken, barley with carrots and leek • beetroot • fruit	• tortellini with cheese in spinach sauce • fruit
Halal lunch	• creamy risotto with beef and root vegetables • fruit	• bean stew with sausages and sauerkraut • waffles • fruit	• bolognese sauce with penne • pickles • fruit	• roasted chicken, barley with carrots and leek • beetroot • fruit	• tortellini with cheese in spinach sauce • fruit
Vege lunch	• risotto with vegetables and soya chunks • fruit	• bean stew with sauerkraut • waffles • fruit	• bolognese sauce with lentils, vegetables and penne • pickles • fruit	• seitan, barley with carrots • beetroot • fruit	• tortellini with cheese in spinach sauce • fruit
Snack	• saltine crackers • acidophilus milk	• fruit yoghurt	• tea with honey and lemon • bread roll	• tea with honey and lemon • butter biscuits	• chocolate pudding

*The menu is subject to change.

Halal

Suitable for vegetarians