

19 - 23 OCTOBER
2026

WEEKLY MENU

PREPARED BY
COOK VALENTINA

Breakfast

Monday

- tea with honey and lemon
- vanilla strudel with wild berries
- fruit



Tuesday

- yoghurt
- ham and cheese sandwich
- fruit



Wednesday

- milk
- bread with chicken pâté
- fruit



Thursday

- milk
- bread with butter and honey
- fruit



Friday

- tea with honey and lemon
- bread with hummus
- fruit



Lunch

- beef stew
- polenta
- fruit

- pork stew with chickpea
- fruit

- roasted chicken
- baked pastry sheets
- cabbage salad
- fruit

- tomato soup
- turkey and vegetables risotto
- fruit

- pasta with tuna in tomato sauce
- fruit

Halal lunch

- beef stew
- polenta
- fruit

- turkey stew with chickpea
- fruit

- roasted chicken
- baked pastry sheets
- cabbage salad
- fruit

- tomato soup
- turkey and vegetable risotto
- fruit

- pasta with tuna in tomato sauce
- fruit

Vege lunch

- soya flakes in vegetable sauce
- fruit

- chickpea and vegetable stew
- fruit

- seitan
- baked pastry sheets
- cabbage salad

- tomato soup
- vegetable risotto
- fruit

- pasta in tomato sauce
- fruit

Snack

- tea with honey and lemon
- bread with butter and plum jam



- milk
- chocolate muffin



- milk
- apple strudel



- yogurt
- rice crackers



- milk
- tea biscuits



*The menu is subject to change.



Suitable for vegetarians