

26 - 30 OCTOBER
2026

WEEKLY MENU

PREPARED BY
COOK ANICA

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
• probiotic yoghurt • whole-grain roll • fruit 	• tea with honey and lemon • butter, ham and cheese sandwich • fruit 	• milk • bread, hard-boiled egg • fruit 	• milk • mixed flakes with dried fruit • fruit 	• tuna pâté • corn bread • fruit 

Lunch

• beef stew with vegetables • gnocchi • fruit	• turkey stew with carrots, peas and corn • fruit cake	• creamy risotto with pork and parmesan cheese • fruit	• roasted chicken • buckwheat with vegetables • cucumber	• casserole with potatoes and hake • fruit
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Halal lunch

• turkey stew with vegetables • gnocchi • fruit	• turkey stew with carrots, peas and corn • fruit cake	• creamy risotto with turkey and parmesan cheese • fruit	• roasted chicken • buckwheat with vegetables • cucumber	• casserole with potatoes and hake • fruit
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Vege lunch

• tomato sauce • gnocchi • fruit	• stew with carrots, peas and corn • fruit cake	• creamy risotto with vegetables • fruit	• seitan • buckwheat with vegetables • cucumber	• casserole with potatoes and hake • fruit
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Snack

• milk • bread with fruit spread 	• fruit yoghurt • corn flakes 	• elderberry and lemon juice • tea biscuits 	• apple strudel 	• pudding 
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*The menu is subject to change.



Suitable for vegetarians